ON ASH WEDNESDAY WE ARE CONFRONTED WITH OUR FRAILTY, WEAKNESS, & MORTALITY. AND YET, IN THIS DIFFICULT & DARK REFLECTION, WE DISCOVER GRACE; GOD'S PRESENCE WITH US AND UPON US IN OUR SUFFERING AND LOSS - WE DISCOVER ANEW THAT THE GRACE OF GOD COVERS US AND CARRIES US AS WE JOURNEY THROUGH DARKNESS.

AS WE FACE OUR PAIN...OUR OWN PERSONAL SENSE OF FRAILTY AND MORTALITY, WE REMEMBER THAT FOR SO MANY PEOPLE ALL OVER THE WORLD, EVERY DAY, EVERY MORNING, IS IN SOME WAY ASH WEDNESDAY. SO MANY FACE VIVID DAILY PRESENCES OF SICKNESS, WAR, INSTABILITY & DEATH. MAY THIS MOMENT OF REFLECTION CAUSE US TO STAND IN SOLIDARITY WITH THOSE WHO LIVE WITH THEIR BACKS CONSTANTLY AGAINST THE WALL. MAY WE HEAR THEIR CRY AND COME TO SEE THEIR STRUGGLE AS OUR OWN.

Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, the devil—and free those who all their lives were held in slavery by the fear of death.—Hebrews 2:14,15

| | | free those who all the lives were held in slaver by the fear of death |
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| HOW MIGHT THE PRACTICE OF FACING THE REALITY OF DEATH CHANGE THE WAY WE LIVE? | , | -Hebrews 2:14,15 |
| | ager menda geni da er si diri oringa menganyang perhampan mengan dibagai sahalagi Sa di semengan Tanan mendapan da er salah mengan bi er Sa baran mendapan perhamban salah salah sebagai mendapan beranda di se | |
| | | |
| He who fears death is a slave and subjects himse But he who does not fear death is outside the | • | • |
| finds such a soul, he can accomplish in it none of | | |
| WHAT MIGHT YOU FAST FROM OVER LENT? | | |
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| WHAT MIGHT YOU ADD OVER LENT? | | autorialista parti minerijan akususainina ariaanin alikusaininin pireni havita aria ka |
| The second secon | тепних учен по тет подосного друго начала у доста на подосного дент подосного де | |